



Holy Communion Study

1st Communion Instruction

Jesus gave us this meal on the night before he was crucified. It is important to understand why we celebrate Holy Communion.

- What is the meaning and purpose of the Sacrament of Holy Communion?
- In what way do we receive God's grace?

Study begins for youth and adults who are preparing to receive Holy Communion.

March 2nd – 30th on Sundays during the Education Hour – 9:15.

Age of First Communion varies within our Lutheran tradition. In general, we do Communion recognition and awareness at about age 9 or 10 which is about 4th or 5th grade. How do we know that someone is ready? Generally, we ask that children express an interest in receiving the sacrament and that they are able to sit through and participate in the worship service before receiving Communion for the first time.

Pastor Pam will lead a 5-week course for **children** who are considering preparation to receive Holy Communion. Materials are available.

Adults who desire to know more about Holy Communion may see Pastor Pam and we'll set up a regular time to study. Materials are available.

If you are interested in first communion classes, please fill out and return so Pastor can prepare.

First Communion Class

Name: _____

Grade/Age _____

Name: _____

Grade/Age _____

Parent/Guardian _____

Phone _____

Email _____